Research Report

Corticostriatal BDNF and alcohol addiction

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\textbf{Abstract}

Growth factors, long studied for their involvement in neuronal development and plasticity, also regulate responses to drugs of abuse, including alcohol. This review details the intricate interaction between the Brain-Derived Neurotrophic Factor (BDNF) and alcohol, and provides evidence to suggest that corticostriatal BDNF signaling acts to keep alcohol drinking in moderation. Specifically, we describe studies in rodent models suggesting that moderate consumption of alcohol increases BDNF levels in the dorsal striatum, which in turn act to suppress alcohol intake by activating a Mitogen-Activated Protein Kinase (MAPK)-dependent genomic mechanism. We further provide data to suggest that alcohol intake levels escalate when the endogenous corticostriatal BDNF pathway becomes dysregulated. Finally, we summarize recent studies suggesting that specific microRNAs targeting BDNF mRNA in the medial prefrontal cortex (mPFC) regulate the breakdown of the protective corticostriatal BDNF pathway.

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1. Introduction

Alcohol use disorders are pervasive problems characterized by increased alcohol consumption over time, loss of control over alcohol drinking and persistent alcohol use despite negative consequences. Alcohol use disorders afflict approximately 5% of the population worldwide, with a higher disease prevalence in developed countries (World Health Organization, 2014), and generate significant societal costs in the form of loss of productivity in the workplace, increased burden on the healthcare system and premature loss of life (McGinnis and Foege, 1999; Rehm, 2011; Whiteford et al., 2013). Thus determining the neuroadaptations underpinning the progression from casual to compulsive alcohol intake, which may lead to the development of improved treatments for alcohol-dependent individuals, is of great interest to alleviate the societal burden of alcohol use disorders. Even though alcohol is widely consumed, only 16% of consumers abuse alcohol and develop uncontrolled drinking behaviors, and less than 5% develop alcohol addiction (World Health Organization, 2014), suggesting the existence of mechanisms that protect the majority of social drinkers from the transition from moderate to excessive, uncontrolled alcohol intake. Here we present data suggesting that the neurotrophic factor BDNF is part of such an endogenous protective pathway.

Neurotrophic factors, originally discovered for their ability to support neuronal development, survival and differentiation...
BDNF is a neurotrophin that is widely expressed throughout the central nervous system (CNS), with particular enrichment in subdivisions of the cortex, hippocampus and cerebellum. BDNF regulates a variety of neuronal processes, including neuronal development, neuroprotection, synaptic plasticity and learning and memory. In contrast, dysregulation of BDNF function has been implicated in multiple neuropsychiatric disorders (Autry and Monteggia, 2010). Together these studies implicate BDNF in the mPFC as a negative regulator of cocaine seeking, similar to the important protective role BDNF plays in alcohol use disorders.

1.2. Alcohol regulation of corticostriatal BDNF expression

Multiple lines of evidence demonstrate elevated BDNF mRNA expression in the dorsal striatum in response to acute alcohol exposure or repeated, moderate alcohol consumption. Acute alcohol administration (2 g/kg) significantly increased BDNF mRNA levels in the dorsal striatum of C57BL/6J mice (McGough et al., 2004). Importantly, the increase in BDNF mRNA in the dorsal striatum (McGough et al., 2004) was observed in C57BL/6J mice after 4 weeks of voluntary 10% alcohol consumption in an unlimited 2-bottle choice (2-BC) access paradigm that generates moderate levels (10 g/kg/24 h) of alcohol intake (McGough et al., 2004), as well as after a single 4-h session of 2-BC access (5.6 g/kg intake) under a modified drinking in the dark paradigm (Logrip et al., 2009). A similar increase in BDNF mRNA expression was observed in the dorsal striatum following rat operant alcohol self-administration of 10% alcohol, with substantially greater alcohol-induced BDNF levels in the lateral subdivision of the dorsal striatum (dorsolateral striatum, or DLS), as compared with the medial subdivision (dorsomedial striatum, or DMS) (Jeanblanc et al., 2009). Importantly, these elevations in BDNF expression observed after acute and low-dose alcohol drinking were regionally restricted to the dorsal striatum, as a similar upregulation of BDNF was not observed in the neighboring NAc (Logrip et al., 2009; McGough et al., 2004). The effects also showed reinforcing specificity, as sucrose consumption did not alter dorsal striatal BDNF expression (Logrip et al., 2009). Acute application of alcohol onto striatal primary neurons also increased BDNF expression, resulting in the translation and secretion of the polypeptide and in the activation of the BDNF receptor, TrkB (Logrip et al., 2008). Together these data demonstrate that acute alcohol exposure and, importantly, chronic alcohol consumption at moderate doses leads to increased BDNF expression in the dorsal striatum, which may contribute to the reinforcing effects of alcohol.
levels insufficient to generate sustained elevations in blood alcohol levels associated with intoxication (>80 mg/dl) (Dole and Gentry, 1984) increase striatal BDNF, likely resulting in BDNF release and TrkB-mediated activation of downstream signaling pathways.

Contrary to the elevated dorsal striatal BDNF expression observed subsequent to alcohol exposure under conditions of limited experience or moderate alcohol intake, escalated alcohol intake following 6 weeks of daily, 4-h limited access, when mice consume sufficient alcohol to become intoxicated (BAL >80 mg/dl) (Rhodes et al., 2007), generated no alteration in BDNF mRNA expression (Logrip et al., 2009). In light of the sustained ability of alcohol consumption to elevate BDNF mRNA levels after 4 or more weeks of moderate drinking under free access or operant conditions, the breakdown of alcohol’s ability to upregulate BDNF expression following repeated limited access to alcohol intake suggests the possible loss of a protective mechanism, such that a lack of alcohol-induced expression of BDNF in the dorsal striatum contributes to heightened drinking. This breakdown of dorsal striatal BDNF expression in response to alcohol was accompanied by a significant, long-lasting reduction in BDNF mRNA levels in cortical regions (Logrip et al., 2009). In line with these findings, prolonged voluntary intake of excessive levels (20%) of alcohol produced a robust reduction in BDNF expression specifically in the mPFC, a reduction which was directly correlated with the amount of alcohol the mice consumed (Darcq et al., 2014).

One mechanism for regulating mRNA expression involves microRNAs (miRs), short, noncoding RNA sequences that block mRNA translation by binding to cytoplasmic mRNA and targeting them for degradation (Bartel, 2004). Recent data suggest that the attenuation of BDNF levels in the mPFC is associated with an increase in the levels of two microRNAs (miRs) that specifically target BDNF mRNA, resulting in the degradation of the message. Specifically, a history of excessive alcohol intake in mice led to an increase in miR30a-5p (Darcq et al., 2014) and protracted withdrawal from alcohol in dependent rats resulted in increased expression of miR-206 (Tapocik et al., 2014), with an inverse association between these miRs and BDNF levels observed in both paradigms (Darcq et al., 2014; Tapocik et al., 2014). Alcohol may also regulate striatal BDNF via altered miR expression, as miR124a decreased, whereas BDNF expression increased, in the DLS following moderate alcohol intake, and changing miR124a expression levels inversely altered alcohol intake (Bahi and Dreyer, 2013). Innately lower BDNF expression may predispose rats to higher alcohol intake, as alcohol-prefering P rats, genetically selected for high alcohol intake and preference (Li et al., 1987), display reduced BDNF protein levels in the nucleus accumbens (Yan et al., 2005) and the central and medial nuclei of the amygdala and bed nucleus of the stria terminalis (Prakash et al., 2008) relative to the low-drinking NP rats. Together, these data indicate that while acute or moderate alcohol exposure increases BDNF expression in the dorsal striatum, particularly in the lateral subdivision, chronic alcohol does not alter striatal BDNF expression, but rather reduces BDNF in the cortex, and lower BDNF expression levels are associated with heightened alcohol intake.

1.3. Corticostriatal BDNF axis and the regulation of alcohol intake

Modulation of alcohol intake under conditions of increased and decreased BDNF expression has elucidated a role for BDNF in the suppression of alcohol intake. For example, mice expressing approximately half the normal level of BDNF in the brain displayed elevated 2-BC alcohol intake both under baseline conditions (Hensler et al., 2003) and after a period of deprivation (McGough et al., 2004), as well as elevated alcohol-induced sensitization and increased preference for an alcohol-paired condition, relative to wildtype mice (McGough et al., 2004). Similarly, mice heterozygous for the CREB transcription factor express reduced levels of BDNF and demonstrate higher alcohol preference than wildtype mice (Pandey et al., 2004). Furthermore, postnatal conditional deletion of BDNF in mice (Rios et al., 2001) led to an increase in saccharin-sweetened alcohol intake, relative to wildtype littermates (Fig. 1A, t11 = 2.56, p < 0.05), with no significant genotype difference observed for consumption of an alcohol-free saccharin solution in the same mice (Fig. 1B, t11 = 1.39, p = 0.19). Importantly, systemic or intra-dorsal striatum administration of

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RACK1, a protein that increases BDNF levels (He et al., 2010; McGough et al., 2004; Neasta et al., 2012; Yaka et al., 2003), expressed recombinantly with a Tat sequence (Tat-RACK1) that allows for transduction across the blood-brain barrier (Schwarze et al., 2000), significantly reduced 2-BC alcohol intake in mice (Jeanblanc et al., 2006; McGough et al., 2004). Conversely, both BDNF haploinsufficiency (McGough et al., 2004) and the Trk inhibitor K252a (Jeanblanc et al., 2006) prevented the effect of Tat-RACK1 on alcohol drinking. Importantly, direct infusion of Tat-RACK1 into the dorsal striatum also reduced operant alcohol self-administration (Jeanblanc et al., 2006). Together, these data demonstrate an inverse relationship between BDNF expression levels and alcohol consumption, likely via BDNF action in the dorsal striatum.

Because acute and moderate, but not escalated, alcohol intake increased BDNF expression in the dorsal striatum (Jeanblanc et al., 2013; Logrip et al., 2009; McGough et al., 2004), and Tat-RACK1 induced central increases in BDNF expression, including in the dorsal striatum, accompanied by reductions in alcohol intake (Jeanblanc et al., 2006; McGough et al., 2004), we hypothesized that BDNF in the dorsal striatum and specifically in the DLS functions as a negative regulator of alcohol intake. To test this possibility, we investigated the consequences of upregulation or down-regulation of BDNF in the DLS on rat operant self-administration of moderate (10%) levels of alcohol (Jeanblanc et al., 2009). We found that exogenous BDNF infusion into the DLS significantly decreased alcohol self-administration, whereas reduction of endogenous BDNF levels in the DLS via adenoviral delivery of RNAi targeting the BDNF gene significantly elevated alcohol self-administration (Jeanblanc et al., 2009). Interestingly, intra-Nac infusion of BDNF did not alter alcohol intake, and BDNF’s actions in the DLS were specific for alcohol as no changes in sucrose self-administration were observed in response to BDNF application (Jeanblanc et al., 2009). Furthermore, knockdown of BDNF in the DMS did not alter self-administration of alcohol, although intra-DMS infusion of BDNF reduced both alcohol self-administration and sucrose self-administration (Jeanblanc et al., 2009). In line with these findings, more recently we showed that RNA interference-mediated knockdown of BDNF in the DLS also promoted the development of excessive alcohol drinking (Fig. 2). In fact, in rats receiving intermittent access to 10% alcohol on alternate days, knockdown of BDNF expression in the DLS elevated alcohol drinking (Fig. 2A, 1st) and preference (Fig. 2B, 1st) the first day of intermittent access. In addition, infection of the DLS with a virus targeting BDNF produced an escalation of alcohol intake (Fig. 2A, 8th) and preference (Fig. 2B, 8th) after only a few access sessions, which was not observed in rats infected with a control virus in the DLS (Fig. 2). These data support a role for endogenous BDNF in the DLS in maintaining moderate levels of alcohol intake, as reduced levels of DLS BDNF impart a vulnerability towards developing harmful alcohol drinking.

It is important to note that the beneficial actions of BDNF on alcohol intake are also mediated by brain regions outside of the striatum. For example, BDNF in the amygdala concurrently represses both anxiety-like behavior and alcohol intake (Pandey et al., 2006), suggesting a function for a-amygdala BDNF in regulating anxiety-modulated alcohol consumption. Indeed, knockdown of BDNF expression via antisense oligonucleotide infusion in the medial and central nuclei of the amygdala, the same regions with decreased BDNF levels in alcohol-prefering rats (Prakash et al., 2008), significantly increased both anxiety-like behavior and alcohol intake, which could be rescued by BDNF infusion (Pandey et al., 2006). In the amygdala, BDNF likely reduces anxiety-like behavior and alcohol intake via increasing dendritic spine density (Moonat et al., 2011), a function which remains to be determined for the DLS. Nonetheless, both DLS and amygdala BDNF serve to reduce alcohol intake via downstream effects, which are likely to involve BDNF action in the dorsal striatum.
effectors that participate in the modulation of alcohol self-administration. Whereas BDNF in the DLS performs a beneficial function to reduce drinking, excessive alcohol intake reduces BDNF levels in the PFC, the main source of BDNF in the striatum (Kokaia et al., 1993), possibly via a miRNA-mediated mechanism. Specifically, overexpression of miR-206 in the mPFC of rats (Tapocik et al., 2014) or miR30a-5p in the mPFC of mice (Darçq et al., 2014) produced a robust increase in alcohol drinking as compared with animals in which the mPFC was infected with a scrambled virus. Conversely, intra-mPFC infusion of an inhibitor of miR30a-5p function led to a significant reduction in excessive alcohol drinking and preference (Darçq et al., 2014).

1.4. Downstream effectors mediating BDNF effects

As described above, BDNF exerts its function in neurons via binding to the TrkB receptor, resulting in autophosphorylation and subsequent activation of the MAPK, PLC and PI3K signaling pathways, thereby recruiting transcriptional and translational mechanisms to generate downstream effector proteins (Huang and Reichardt, 2003). Reduction of alcohol self-administration by BDNF did not occur immediately after infusion, but rather subsequent to a 3-h delay (Jeanblanc et al., 2009), indicative of a mechanism requiring downstream signaling and transcription/translation. Indeed, blockade of protein synthesis by cyclohexamide prevented the reduction of alcohol self-administration normally observed after BDNF infusion into the DLS (Jeanblanc et al., 2013), providing further support for the requirement of downstream signaling events in the BDNF regulation of alcohol intake. Furthermore, acute exposure of striatal neurons to alcohol led to the activation of the BDNF receptor TrkB and alcohol-induced BDNF, which in turn caused the downstream activation of the MAPK extracellular signal-regulated kinase 1/2 (ERK1/2) (Logrip et al., 2008). In line with these findings, pretreatment of rats in the DLS with an inhibitor of MAPK Kinase (MEK), the enzyme that activates ERK1/2, prevented BDNF-mediated decreases in alcohol self-administration (Jeanblanc et al., 2013). In contrast, inhibiting PLCγ or PI3K signaling did not alter alcohol drinking (Jeanblanc et al., 2013), suggesting that activation of the TrkB/ERK1/2 signaling pathway is necessary for the beneficial actions of BDNF on drinking. Activated ERK1/2 translocates to the nucleus, where it can interact with transcription factors to modulate gene expression (Roskoski, 2012). Among the genes that are known to be induced by the activation of the BDNF pathway in the striatum are those for the neuropeptides dynorphin, enkephalin, neuropeptide Y, substance P and cholecystokinin (Croll et al., 1994), as well as the dopamine D3 receptor (Guillin et al., 2001), and BDNF haploinsufficient mice display constitutively reduced striatal dynorphin, enkephalin and D3 receptor expression (Saylor and McGinty, 2010). We found that dynorphin (Logrip et al., 2008) and the dopamine D3 receptor (Jeanblanc et al., 2006) act as downstream effectors of BDNF in the regulation of alcohol intake. Specifically, preprodynorphin (Logrip et al., 2008) and dopamine D3 receptor (Jeanblanc et al., 2006) mRNA expression are increased following BDNF or Tat-RACK1 treatment, and inhibition of either the dopamine D3 receptor (Jeanblanc et al., 2006) or dynorphin’s receptor, the kappa opioid receptor (Logrip et al., 2008), reduced the ability of Tat-RACK1 to

Fig. 3 – A model depicting the molecular mechanisms underlying BDNF’s actions in the DLS. (a) Moderate levels of alcohol produce an increase in BDNF mRNA, which is then translated to the polypeptide. Secreted BDNF activates its receptor TrkB, resulting in receptor autophosphorylation and the activation of ERK1/2. ERK1/2 translocates to the nucleus where it participates in the transcription of preprodynorphin (PPD) and the dopamine D3 receptor mRNA, resulting in their translation and processing. Activation of the dopamine D3 receptor and the kappa opioid receptor in turn control the level of alcohol drinking. (b) After alcohol intake has escalated, as observed in limited access paradigms, the corticostriatal BDNF supply is reduced due to elevated expression of miRs in the medial prefrontal cortex. While alcohol may still increase BDNF expression, miRs target BDNF transcripts for degradation, resulting in decreased BDNF mRNA expression in the medial prefrontal cortex and thus less release of BDNF by cortical inputs in the dorsal striatum. This breakdown of corticostriatal BDNF yields elevated levels of alcohol intake.

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decrease alcohol consumption. In fact, genetic deletion of the dopamine D3 receptor in mice significantly reduced voluntary alcohol consumption relative to wildtype mice, despite similar elevations in RACK1 and BDNF mRNA expression after forced alcohol intake (Leggio et al., 2014). These data support a prominent role for BDNF, via downstream activation of the MAPK pathway and generation of effector proteins like dynorphin and the dopamine D3 receptor, in the maintenance of moderate levels of alcohol intake. Together these data demonstrate that DLS BDNF gates alcohol intake via TrkB-mediated activation of MAPK signaling, resulting in the upregulation of the downstream effectors preprodynorphin and the dopamine D3 receptor that function to dampen alcohol consumption (Fig. 3).

2. Summary

Together, the studies presented in this review suggest that the corticostriatal BDNF pathway plays a crucial role in the regulation of alcohol consumption, keeping it in moderation via activation of the BDNF signaling pathway within the DLS and driving the transition from moderate to high intake when BDNF levels in the mPFC and plausibly other cortical regions are reduced. Yet many open questions remain to be explored. For example, as the DLS is a major contributor to habitual behavior (Everitt et al., 2008), does BDNF in the DLS gate the level of intake by preventing habit learning and/or compulsive behaviors? Conversely, hypofunction of the mPFC contributes to the transition from social to excessive drinking (George et al., 2012) as well as to craving and relapse (Seo et al., 2013). Thus, it would be of great interest to examine the specific role of BDNF in the mPFC and other cortical regions in generating these alcohol-related behaviors. It would also be of interest to determine the mechanism by which the expression of BDNF is altered by moderate levels of alcohol in the DLS but not in other striatal regions and is reduced by excessive alcohol intake in the mPFC but not in the hippocampus (Darcq et al., 2014). Furthermore, the corticostriatal BDNF pathway is specific for alcohol and does not generalize to other consummatory behaviors, as saccharin and sucrose consumption are unaltered (Darcq et al., 2014; Jeanblanc et al., 2009) (Fig. 1). Thus the mechanisms underlying the selective interactions between BDNF and alcohol should be further explored. Finally, it is highly likely that additional downstream effector genes in the DLS mediate the beneficial actions of the BDNF/ERK1/2 pathway, and these should be explored as they may lead to the identification of new leads for drug development for the treatment of alcohol use disorders.

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